

**Introduction:** Our market bulletin helps inform vendors, farmers and consumers of the types of fresh produce grown and sold for the month by its unit, price and total quantity in NZD\$. For further information, contact Ministry of Agriculture (Corporate Services) on phone number 28711 or email us at [moa.support@cookislands.gov.ck](mailto:moa.support@cookislands.gov.ck)

## Root Crops Sales

Maniota and Taro is still the most consistently supplied root crop to the market. We envisage this is as a result of the opening of the international borders and increased demand.

Kumara and Tarua were the other root crops supplied, however, in minimal quantities. Radish (red and white) was seen on the market also. It is encouraging to note that vendors are diversifying with planting of new crops to meet varying customer demands.

## Fruit Sales

An increase in the supply of all fruits apart from Banana, Lemon, Avocado, Lime and Corn was noted for the month of July. We believe this to be due to the cooler season and opening of the international border.

The suspension of the importation of tomatoes from New Zealand may have contributed to the increased supply of tomatoes by 30% when compared to last month.

Other fruits that were also supplied to the market in minimal quantities was Breadfruit, Okra, Starfruit and Pumpkin.

## Vegetable Sales

Rukau, Watercress, Lettuce, Pak Choi and Spinach continues to be supplied to the market. We continue to encourage farmers to plant to ensure and maintain food security for our country.

### Rootcrops

Root Crops	July 2021				June 2021	
	No of Vendors	Total Weight (Kg)	Average Price (\$NZ) per Kg	Total Value (\$NZ)	No of Vendors	Total Weight (Kg)
Taro	7	367.3	5.00	1,836.50	12	1,563.0
Maniota	11	498.0	3.50	1,743.00	12	275.0
Kumara	1	19.5	4.50	87.75	1	11.2
Tarua	1	18.6	3.40	63.24		
Radish	1	5.4	3.80	20.52	1	27.4

Data source: Ministry of Agriculture, AgINTEL

### Fruits

Fruits	July 2021				June 2021	
	No of Vendors	Total Weight (Kg)	Average Price (\$NZ) per Kg	Total Value (\$NZ)	No of Vendors	Total Weight (Kg)
Tomatoes	5	1,017.5	3.30	3,357.75	6	622.8
Drinking Nut	21	837.9	4.00	3,351.60	18	507.4
Banana	15	370.1	4.20	1,554.42	13	393.1
Cucumber	9	524.9	3.70	1,942.13	6	327.1
Pawpaw	10	419.2	3.00	1,257.60	7	73.4
Eggplant	6	260.0	4.20	1,092.00	4	145.5
Orange	5	215.7	4.20	905.94	6	130.2
Capsicum	3	156.0	4.80	748.80	2	105.7
Lemon	8	88.6	4.10	363.26	6	84.3
Avocado	1	80.0	1.70	136.00	1	26.2
Lime	3	71.5	5.60	400.40	5	4.0
Corn	2	59.0	4.60	271.40	1	5.7
Beans	5	51.3	5.70	292.41	3	16.6
Passionfruit	5	49.5	3.40	168.30	4	13.8
Starfruit/Carambola	3	44.7	3.70	165.39	4	17.5

Data source: Ministry of Agriculture, AgINTEL

### Vegetables

Vegetables	July 2021				June 2021	
	No of Vendors	Total Weight (Kg)	Average Price (\$NZ) per Kg	Total Value (\$NZ)	No of Vendors	Total Weight (Kg)
Cabbage	3	207.1	3.30	683.43	1	319.8
Pak Choi	9	243.2	4.80	1,167.36	6	184.1
Rukau	7	207.8	8.60	1,787.08	5	117.5
Lettuce	8	253.5	6.40	1,622.40	4	94.4
Cauliflower	1	85.0	10.00	850.00		
Watercress	1	42.5	11.80	501.50	1	58.4
Broccoli	1	25.0	10.00	250.00		
Spinach	1	23.3	8.50	198.05	1	41.5

Data source: Ministry of Agriculture, AgINTEL