

Introduction: Our market bulletin helps inform vendors, farmers and consumers of the types of fresh produce grown and sold for the month by its unit, price and total quantity in NZD\$. For further information, contact Ministry of Agriculture (Corporate Services) on phone number 28711 or email us at moa.support@cookislands.gov.ck

Root Crops Sales



Taro, Maniota and Kumara are still the most consistently supplied root crops on the market. Taro increased its weight by 91.16kg and by 9 vendors. Other promising root crops harvested this month and appearing in small quantities were White and Red Radish, Tarua and Tumeric. Its Maeva Nui Celebration here on Rarotonga, so a few more people are out visiting our markets.

Root Crops	Aug-22				Jul-22	
	No of Vendors	Total Weight Kg	Average Price (\$NZ) per Kg	Total Value (\$ NZ)	No of Vendors	Total Weight (Kg)
Maniota	15	240	9.17	1427	6	281.0
Taro	19	381.71	16.68	1736	10	290.6
Kumara	6	157.76	11	366	1	120
Radish	7	22	2.67	204		
Tarua	1	24	25	150		
Tumeric	2	3.6	5	30		

Data source: Ministry of Agriculture, AgINTEL

Fruits Sales



This month has seen the emergence of bitter melon, lime, okra, tomatoes and watermelon at the Punanga Nui Markets. These vegetables add

a variety to the products available to choose from with different recipes to prepare. After a few months waiting, Tomatoes finally appeared with strong numbers @ 1855.5 total weight compared to the rest of the fruits and the highest in the \$ value @ \$6342.30. Drinking Nuts remains a favourite though to both locals and tourists averaging @ \$4.39 per.

Fruits	Aug-22				Jul-22	
	No of Vendors	Total Weight Kg	Average Price (\$NZ) per Kg	Total Value (\$ NZ)	No of Vendors	Total Weight (Kg)
Banana	21	198.74	5.53	794.78	13	1692.7
Beans	6	80.43	8.1	769.98	8	188.6
Bitter Melon	3	52.1	7.98	280.12		
Capsicum	7	194.57	10.46	581.37	5	328.2
Cucumber	13	251.86	18.74	1192.73	12	1071.6
Drinking Nut	25	958.46	4.39	3765.26	18	1156.0
Eggplant	8	150.84	7.46	879.57	5	377.6
Lemon	13	171.76	8.74	611.2	15	224.6
Lime	9	63.55	6.34	346.67		
Okra	2	5.43	13.06	70.92		
Orange	7	91.8	5.08	466.37	8	285.1
Pawpaw	20	492.28	9.36	2842.43	10	638.9
Pumpkin	15	141.62	8.23	1306.63	11	131.7
Tomatoes	17	1855.5	6.33	6342.3		
Watermelon	2	152	3.52	500		

Data source: Ministry of Agriculture, AgINTEL

Vegetable Sales



Pak Choi, Rukau, Lettuces and Cabbages carried over its quantities this month with numbers doubling in

weight and the number of vendors providing these vegetables. Saladeer, Watercress, Rukau Viti and Silverbeet made an appearance this month, which is great to see, even at a low number. This gives our people a variety either of leafy vegetables to choose from when preparing meals at home or at the various eateries.

Vegetables	Aug-22				Jul-22	
	No of Vendors	Total Weight Kg	Average Price (\$NZ) per Kg	Total Value (\$ NZ)	No of Vendors	Total Weight (Kg)
Silverbeet	3	13.2	5.00	110		
Rukau	13	131.8	10.09	2110	8	204
Lettuce	24	106.15	3.51	2132	6	83.2
Pak Choi	25	323.7	4.21	1815	10	265.3
Cabbage	12	278.8	6.55	1612	3	43.9
Watercress	1	12.6	5.00	105		
Saladeer	1	12	5.00	100		
Rukau Viti	1	9	8.00	80		

Data source: Ministry of Agriculture, AgINTEL